

# KING OF THE WORLD



David Galloway was crowned King of the World when he took first place in the Men's Open Weight Individual Kumite at the 2010 SKDUN World Championships. Being an open weight event, Dave was up against some of the biggest, the toughest and the best fighters in the world and he came away with the scars to prove it. However, his agility and lightning fast technique helped him take first prize. This was a proud day for the Squad, the team coaches and supporters. Celebrations followed and emotions got the better of one or two. David is the Squad Captain and a member of the Portsmouth Honbu. He is an inspiration to his team, leading by example and this well deserved victory that will be talked about for many years to come.

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*For more information on clubs, training times and up and coming events contact  
SHOTOKAN OF ENGLAND KARATE UNION (1982-2010) [www.seku-karate.co.uk](http://www.seku-karate.co.uk)*

This year the world championships took place in Lon Le Saunier in France over the second weekend in October. SEKU and SEISHINKAI combined forces to make up the 30 plus strong Squad representing England and the camaraderie between the two organisations was second to none. In addition to the squad coaches and officials, friends and family travelled with them making up a sizable party of 45 people. Also attending and representing England was 6th Dan George Best and a few members of HASHA and about 12 man team from SKC.



Needless to say, the Squad gave it their all and came home with their heads held high. In addition to taking 1st in Men's Open Weight Individual Kumite, David Galloway was also 3rd in the Men's Individual Kumite-75kgs. Brooke Walkin who is 12 years old and the youngest member of the SEKU Squad took 3rd in the Children's Girl's Individual Kumite. Rebecca and Emily Nutbean teamed up with Leah Groome to take 3rd place in the Girl's Team Kumite. Rachael Houlton was 3rd in the Ladies Individual Kumite-55kgs. Our Mixed Team Kumite also took 3rd place with Teiki Benveniste, Becca Cox, Lee Wilkinson, Rachael Houlton, Matt Smith.

Next year's SKDUN World Championship are being held at Leipzig in Germany on 8th & 9th October. Details of the venue will be available in the next edition of SEKU Update so don't just read about it next time, make a point of being amongst the action and excitement and book a cheap flight to Germany and stop over for the weekend.

## CHIEF INSTRUCTOR ON THE BOX

Frankie (the voice) Hatton, the tall, bald, moustached person who often takes charge of the announcements at the November Open at the Mountbatten Centre was a student at Portsmouth KC and now a TV and radio DJ, commentator come announcer and Broadcaster and Programme Controller for 'The Bay FM' operating out of San Roque in Spain. Frank trained at the Honbu for many years and was a member of the SEKU squad that represented England in Brazil and Slovakia during the 1990's and now works for GBC the Gibraltar Broadcasting Corporation. Frank took the opportunity to do a live interview with Sensei Mick Dewey which was shown on Tuesday 14th September. The chemistry between the two resulted in a relaxed and informative interview. For those that missed it, GBC do provide archive footage on their website ([www.gbc.gi](http://www.gbc.gi)) so it is just a matter of time before you get a second chance to see it for yourself.

## NEW CLUBS

### ► **Terry Oliver - Chichester University SKC, Bishop Otters Campus.**

The club opened on the evening of the 28th September and is already showing great promise with membership growing every week. At present Chichester Shotokan Karate Club train on Tuesday nights and this will be extended to Thursdays also when he and son George return from Japan. They are off to Japan on 8th April 2011 for a 3 week visit to Tokyo, meeting up with Dave Hooper and planning to train with the top JKA instructors. They also have plans to see the historic sites and soak up the culture of Japan, the temples in Kyoto and Kamakura being high on the agenda. Phone: 07855 245416.

### ► **Ken Lyons - Machi Dojo - RAF Northolt & Bishopshalt School.**

On the 31st March of this year RAF Uxbridge closed down so the Machi Dojo moved premises to RAF Northolt on 6th April. Training is every Tuesday and Thursday. In addition, Ken has built up a relationship with Bishopshalt School in Uxbridge, providing after school classes and teaching basic Karate in PE lessons and running Evening Classes every Monday and Wednesday. Phone: 07885 15432.

### ► **Nigel Hoskin - Winchester Karate Club, Henry Beaufort School, Harestock.**

The new dojo at Winchester is about to open it's doors. Training is on Fridays from the 26th November, starting 6:45pm and finishes at 8:15pm. Students are encouraged to arrive at about 6:30 and to start warming up outside the dojo. Phone: 07900 262721.

## THE FLYING DUTCHMEN

Jet-setting Sensei Mervyn O'Donnell landed at Gatwick Airport on Wednesday 20th October with Dutch lads Jack, Jeroen and Zeno in tow. As you may or may not know, in addition to running Portchester KC Sensei O'Donnell runs a dojo at Gouder in Holland. He travels to Holland every weekend to take training on Monday and Tuesday and returns midweek to resume his commitments in the UK. Since starting the Dutch Karate Club 7 years ago many groups from each club have made the journey and trained at the other dojo. The Dutch club is a SEKU club and the boys, who spoke perfect English, were quite at home at the Portchester Dojo.



Sensei O'Donnell had a full itinerary set up for them. They got to see various historical sites such as Arundel Castle, Portchester Castle, the Mary Rose, HMS Victory at Portsmouth dockyard, a boat trip around the harbour, "Gunwharf", the cinema, hours spent on the various simulators in "action stations" and Mother Kelly's famous Fish and Chip restaurant with the introduction of a "chip butty". Other culinary delights during the boys 5 day stay were nights out with club members at Portchester "Clay Tandoori" and a Chinese meal the day they went bowling. But it was not all play as they trained on Wednesday and Friday nights and sensei Fay introduced them to Unsu, Jinn and helped them brush up on Bassai Dai and Jion. On Saturday morning they were up early and in the Dojo for a 9.30 start for some good basic training and a final taste of Portchester hospitality.

## **OCTOBER 2010 B&B**

The Black & Brown Belt Course held at Portchester on 3rd October was the best attended B&B session I have had the pleasure to be present at in years. The large hall was a sea of white and the Kiais almost took the roof off. Sensei Dewey started the training with a warm up and a selection of interesting combinations which raised the temperature in the dojo, loosened the joints and got the blood flowing. Sensei O'Donnell followed on with a carefully planned approach to re learning Bassai Dai. It would appear that the training from the September Instructor Class had already filtered down to club members and the recap for the senior black belts was useful. Senseis Smith, Crow, Oliver, Lewis, Powell and Cappleman assisted with 3 smaller group training and the first session finished with a light-hearted competition between the groups. I think the final decision was a 3 way tie.

For the second session, training was divided into two groups. Sensei Dewey took the smaller of the groups into a separate hall and gave training on Shobu Refereeing, Judging and Time Keeping. Dave Galloway and Jason Hollister sparred while the rules and processes were explained and acted out. This was a crash course and a taster and was extremely enlightening for those who had not partaken in such training before. When is the next one sensei?

### **NEWS IN SHORT:**

#### **► KEITH WILLIAMS CHAMPIONSHIPS FOR KIDS**

Keith Williams's Christmas Kids Tournament is to be held this year on Saturday 11th December . It's a small Open Tournament that Keith sets up every year at his club in The Grove Club, Marsden Road, Paulsgrove - Keith's phone: 02392 356192 (H) 07824 511463 (M)

#### **► TRAINING COURSE IN BRIDPORT**

The training course in Bridport will be the same as the Weymouth Course with the exception that members will have to find their own accommodation this time. There is however a Haven Caravan Site in West Bay which is situated the same distance away from the Bridport Leisure Centre as we were from the Sports Centre at Weymouth. Haven are the people SEKU used last year and I would recommend that members book into this one and make a weekend of it with the family.

# **IMPORTANT SEKU DIARY DATES FOR 2011**

## **INSTRUCTORS CLASS**

Portsmouth - Sunday 23rd January 2011

## **B/B COURSE WITH DAN GRADING**

Newport Isle of Weight - Sunday 6th February 2011

## **\*SHOTOKAN ALLIANCE COMPETITION**

Bracknell - Saturday 12th March 2011

## **\*SEKU CHAMPIONSHIPS**

Mountbatten Centre, Portsmouth - 30th April 2011

## **SENSEI DEWEY'S SPECIAL WEEKEND COURSE**

Bridport, Dorset - Saturday 16th April and Sunday 17th April

## **INSTRUCTORS CLASS**

Portsmouth - 22nd May 2011

## **B/B COURSE WITH DAN GRADING**

Plymouth - Sunday 12th June 2011

## **SEKU AGM & INSTRUCTORS CLASS**

Priory Sports College Portsmouth - Sunday 11th September 2011

## **B/B COURSE WITH DAN GRADING**

Portchester Community School, White Hart Lane, Fareham PO16 9BD  
Sunday 2nd October 2011

## **\* PORTSMOUTH OPEN KARATE TOURNAMENT**

Mountbatten Centre, Portsmouth - 19th November 2011

## **PAULSGROVE CHRISTMAS CHAMPIONSHIPS (Under 16's)**

Paulsgrove - December 2011

\*These Championships are conducted under "Shobu Ippon" rules.

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## EQUIPMENT SUPPLIES

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## SEKU KARATE CLUB WEBSITES

*In addition to the SEKU website at [www.seku-karate.co.uk](http://www.seku-karate.co.uk) many clubs are taking advantage of the world wide web and creating their own window to the world*

Crofton KC – Alan Lewis (5th Dan) – [www.croftonshotokan.co.uk](http://www.croftonshotokan.co.uk)

Eastleigh KC – Nigel Hosking (2nd Dan) – <http://sites.google.com/site/eastleighdojo>

Fitness Factory KC – Mark Elliott (5th Dan) – [www.isleofwightkarate.co.uk](http://www.isleofwightkarate.co.uk)

Locksheath KC – Nicky Daniels (4th Dan) – [www.locksheathskc.com](http://www.locksheathskc.com)

Lovedean KC – Brian Smith (6th Dan) – [www.lovedeankc.co.uk](http://www.lovedeankc.co.uk)

Mid-West Shotokan KC – Dave Guy (1st Dan) – [www.midwestshotokan.co.uk](http://www.midwestshotokan.co.uk)

Newport KC – Malc Bradley (4th Dan) – [www.newportiwkarate.co.uk](http://www.newportiwkarate.co.uk)

Plympton KC – Stuart Hick (2nd Dan) – [www.plymptonshotokankarate.co.uk](http://www.plymptonshotokankarate.co.uk)

Plymouth Karate-Do – Paul Uren (4th Dan) – [www.plymouthkaratedo.co.uk](http://www.plymouthkaratedo.co.uk)

Portsmouth KC – Mick Dewey (7th Dan) – [www.portsmouthkarateclub.co.uk](http://www.portsmouthkarateclub.co.uk)

Portsmouth University KC – Phil Bryant (3rd Dan) – Portsmouth University website

Portchester KC – Mervyn O'Donnell (7th Dan) – [www.portchesterkarate.co.uk](http://www.portchesterkarate.co.uk)

Saltash KC – Steve Hollister (5th Dan) – [www.saltashkarateclub.com](http://www.saltashkarateclub.com)

## SHOTOKAN POCKET BOOK

Available from Amazon.com & Trafford.com  
Special discount price to SEKU members from  
Maureen Dewey (Makoto) or from Ken Lyons

The book is a Zanshin Press product  
and contains Japanese phrases, terms and  
names of the techniques used in Dojos and  
in competitions and is a comprehensive  
companion to Karateka of all levels



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for your favourite Kohai or Sempai

